

## Troop 1028 / 1029 Canoe / Kayak Trip Gear List - Two nights Camping

### Part 1: Suggested items for each Scout/leader to bring - see pictures in Part 3 for more details

Item	Packed?
<b>Required Paperwork for Scouts</b>	
BSA Health Form - Part A/B only (Mr. Eric has)	
Passed BSA Swim Test (Mr. Eric has)	
<b>Medicine (Leaders must administer all meds)</b>	
Prescription / OTC medicine in orig container	
Asthma inhalers (min 2) if needed	
2 Epi-pens if needed (bee sting/food allergies)	
<b>Bedding</b>	
Sleeping bag (rated 30° to 40°)	
Sleeping pad / cot (optional)	
Pillow (or use rolled up clothes)	
<b>Shelter</b>	
Tent or hammock with waterproof fly	
Tarp / groundcloth (goes under tent)	
Tent / hammock stakes / straps / rope as needed	
<b>Sustenance &amp; Survival</b>	
Personal mess kit ( <b>required</b> )	
Spork / spoon / fork	
Cup / mug	
Personal snacks (not really needed)	
Any special dietary needs	

Item	Packed?
<b>Clothing (pack in compression bags if possible)</b>	
Class A uniform (to travel)	
Swim trunks for boat	
Quick-dry shirt (Troop Class Bs are awesome)	
Water / boating shoes (see below)	
Extra pair of shoes ( <b>no open toes</b> )	
Set of clothes for 2+ days	
Plenty of socks / underwear	
Comfortable hat (see booney / sun hats below)	
Rain gear (poncho or rain jacket)	
Light jacket / layers (gets chilly at night)	
Long pants / sweats / PJs (gets chilly at night)	

Essential Boat Gear	
Boating gloves + personal PFD / gear if desired	
Bailer (gallon jug w/ string, only for sit-in boats)	
Bungee cords or rope for tying gear down	
Towel (in plastic bag) for drying off	
Fishing Gear (rod, tackle, stringer, etc.)	

COOKS ONLY	
All perishable food in cooler with ICE	
All non-perishable food in hard plastic boxes	
Your menu, cooking gear, and any notes you need	

Item	Packed?
<b>Essential Outdoor Gear</b>	
Canteen or water bottles / slings	
Sunscreen and bug spray	
Headlamp / flashlight, plus extra batteries	
Personal First Aid Kit (optional)	
Wristwatch (optional)	
Pocket knife (must have Totin' Chip)	

Personal Dirt/Grime Removal Gear	
Toothbrush, toothpaste and DEODORANT !!	
Comb / brush and laundry / trash bag	

Miscellaneous Comfort Supplies	
Camp chair	
Camera and alarm clock/device (optional)	
Small backpack (day pack or string bag)	
Sunglasses <b>and glasses cord keeper!</b>	
Tissues	
Rope / cord for clothesline + clothespins	
Non-electronic games, soccer ball / frisbee / etc.	

Part 2: Forbidden items (leave these at home)	
Electronic devices (Scout phones not needed)	<del></del>
Sheath Knives	<del></del>
Lasers (unless you are Mr. Murphy for astronomy)	<del></del>
Real or toy weapons (e.g. water guns, light sabers, etc.)	<del></del>

Note on shelter: BSA rules state that if a tent has both adults and children, adults must be with ONLY their own children. (Latest YPT rules say no adults tenting with youth, period)

Note on snacks: All food and snacks should be stored in a sealed plastic container (and kept outside your tent) to avoid attracting hungry critters.

### Part 3: More Details on Suggested Gear

#### Essential Water / Boating Shoes

- Closed-toed water shoes that won't fall off – no crocs, flip flops, or bare feet !!

- Good:



- Bad:



#### "Booney" or Sun Hat for Sun Protection



#### Compression / DRY Bags for Packing Clothes / Gear



Good advice: bring some clear / white plastic bags (or hard cases for small stuff) to keep your gear dry on the boat - Dark trash bags also work but don't mistake them for trash!