

## Troop 1028 / 1029 Canoe / Kayak Trip Gear List - Day Trip (No Camping)

### Part 1: Suggested items for each Scout/leader to bring - see pictures in Part 3 for more details

Item	Packed?
<b>Required Paperwork for Scouts</b>	
BSA Health Form - Part A/B only (Mr. Eric has)	
Passed BSA Swim Test (Mr. Eric has)	
Signed outfitter waiver form	

<b>Medicine (Leaders must administer all meds)</b>	
Prescription / OTC medicine in orig container	
Asthma inhalers (min 2) if needed	
2 Epi-pens if needed (bee sting/food allergies)	

<b>Sustenance &amp; Survival</b>	
Canteen or water bottles / slings	
Personal snacks in ziploc bag for river	
Bring your own lunch !!	
Mini-cooler for boat if needed (or share Troop clr)	
Any special dietary needs	

Item	Packed?
<b>Clothing</b>	
Swim trunks / Swim suit for boat	
Quick-dry shirt (Troop Class Bs are awesome)	
Water / boating shoes (see below)	
Extra pair of shoes for car ride	
Kayaking gloves (see below) (optional)	
Comfortable hat (see booney / sun hats below)	
Neck gaiter (see below) (optional)	
Rain gear (poncho or rain jacket) (optional)	

<b>Essential Boat Gear</b>	
Boating gloves + personal PFD / gear if desired	
Bailer (gallon jug w/ string, only for sit-in boats)	
Bungee cords or rope for tying gear down	
Towel (in plastic bag) for drying off	
Fishing Gear (rod, tackle, stringer, etc.)	

Item	Packed?
<b>Essential Outdoor Gear</b>	
Small backpack (day pack or string bag)	
Clear trash bag to cover backpack (Mr. Eric has)	
Sunscreen and bug spray	
Sunglasses <b>and glasses cord keeper!</b>	
Personal First Aid Kit (optional)	
Waterproof wristwatch (optional)	
Cooling towel (optional)	
Waterproof dry box if needed (optional)	
Tissues (optional)	

<b>Part 2: Forbidden items (leave these at home)</b>	
Electronic devices (Scout phones not needed)	X
Sheath Knives	X
Lasers (unless you are Mr. Murphy for astronomy)	X
Real or toy weapons (e.g. water guns, light sabers, etc.)	X

### Part 3: More Details on Suggested Gear

(Note: Outfitter will usually provide a dry bag or dry box)

#### Essential Water / Boating Shoes

- Closed-toed water shoes that won't fall off – no crocs, flip flops, or bare feet !!

- Good:



- Bad:



#### "Booney" or Sun Hat for Sun Protection



#### Compression / DRY Bags for Packing Clothes / Gear



#### Fingerless Kayaking gloves (Dick's Sporting Goods)



#### Neck Gaiter for Sun Protection



#### Cooling Towel for Heat Control



Blue



- Cools instantly when wet!
- Cools up to 2 hours
- UPF 50 Sun Protection blocks 98% of the sun's harmful UV rays

Good advice: bring some clear / white plastic bags (or hard cases for small stuff) to keep your gear dry on the boat - Dark trash bags also work but don't mistake them for trash!