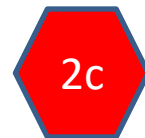




Preview

Req 2c: (**HOMEWORK**) Meet with and **teach your family how to get or build a kit**, make a plan, and be informed for the situations on the chart you created for requirement 2b. **Complete a family plan.** Then meet with your counselor and report on your family meeting, discuss their responses, and share your family plan.





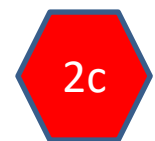
Evacuation

- When you evacuate, you will have no idea how long you will be gone
- You will need supplies you can use to keep warm, dry, hydrated, fed, and treat minor injuries

9b

2c

8b



Similarity 1: Evacuation

- Let's think about all of the times you may need to evacuate your home on short notice
 - Chemical spill
 - Major fire (such as a forest or prairie fire)
 - Destructive natural event
 - Tornado
 - Hurricane
 - Earthquake
 - etc.



What would you need?
How long would you need it?
Where would you get it?



Similarity 2: Shelter in Place

- Let's think about all of the times you would need to shelter in place in your home?
 - Destructive natural event
 - Tornado
 - Hurricane
 - Earthquake
 - Imposed curfew
 - Utility / service outage
 - Power grid failure
 - Water supply contamination



What would you need?
How long would you need it?
Where would you get it?



Why 72-Hours?

- The rule of thumb is that it will take 3 days for large-scale organized relief to be in place.
- It is a good idea to plan on being self-sufficient for 72-hours
 - Even if there is some help in place before then, if you can be self sufficient then you are being helpful by allowing those resources to be provided to someone else.



72-hour Kit

- After an emergency, you may need to survive on your own for several days. Being prepared means having your own food, water and other supplies to last for at least 72 hours. A disaster supplies kit is a collection of basic items your household may need in the event of an emergency.



Be Prepared



- Having an emergency 72-hour kit assembled and ready saves valuable time.
- You will not have to gather necessary items when in a hurry.
- **Grab And Go!**





Evacuation Plan

- If you are forced to evacuate, you most likely won't have the time to stop and buy the appropriate maps, plan your route, and plan your communication.
 - This is true for evacuating your home or evacuating your state!
- Make plans NOW where you will regroup if separated, what routes you will take, and backup communications.
 - Example: out of state contact, specific app, etc.



Useful Web Sites

- www.ready.gov
- <https://www.redcross.org/store/preparedness/emergency-kit>
- <https://boyslife.org/outdoors/outdoorarticles/16727/create-an-emergency-pack-or-kit/>
- <https://www.cdc.gov/disasters/earthquakes/supplies.html>
- https://www.cdc.gov/ncbddd/hemophilia/documents/FamilyEmergencyKitChecklist.pdf?s_cid=cs_766





72-HOUR SURVIVAL KIT

Stay alert and keep these items ready this rainy season



NEWS 5 EVERYWHERE

WHISTLE

It's bad enough that you don't have a signal on your mobile phone but worse when you run out of battery. When you're in distress and need to draw attention to yourself, having a whistle can help rescuers spot you.

CLOTHES

When it rains, it pours! When you get wet, make sure you have dry clothes to quickly change into. You can't afford to get sick and in times like these, the threat of disease spreading is extremely high.

FLASHLIGHT

When electricity is out, don't be left in the dark. A handy flashlight will be your best guide as you rummage through the darkness.

BOTTLED WATER

You can survive without food but not without water; it's the most important thing on your list and should be the first thing you pack in your survival kit. Prepare at least 3 liters of water that's good for 3 days.

IMPORTANT DOCUMENTS

When you need to thread on high waters, it's a good idea to keep your important documents in a waterproof container or resealable plastic bag.

CELLPHONE

If you're stranded in the middle of nowhere and you need to call for help, your mobile phone will do, just make sure your battery is always full. So hold off on playing Candy Crush for now, your ticket request can wait.

FIRST AID KIT

Whatever the weather is, you should have a first aid kit with you at all times. Just remember, your best defense is a good offense.

BATTERY-OPERATED RADIO

Keep up-to-date with what's going on in the news. Listen for updates and monitor events following a disaster. Ignoring evacuation instructions could spell the difference between life and death.

READY-TO-EAT FOOD

Food is vital for your survival. Just make sure you pack foods that will last at least 3-7 days. Packaged non-perishable or canned food and boxed/juiced are best.

EMERGENCY MONEY

ATM offline? Always make sure you have cash on hand just in case you'll need to buy extra supplies.

TEXT BY: RALPH ABOGADO
GRAPHICS BY: MICA CRUZ





Kit Supplies (1)

- [Water](#) (one gallon per person per day for at least three days, for drinking and sanitation)
- [Food](#) (at least a three-day supply of non-perishable food)
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Extra batteries
- Whistle (to signal for help)
- Dust mask (to help filter contaminated air)
- Plastic sheeting and duct tape (to [shelter in place](#))
- Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- Wrench or pliers (to [turn off utilities](#))
- Manual can opener (for food)
- Local maps
- Cell phone with chargers and a backup battery





Kit Supplies (2)

- [Cloth face coverings](#) (for everyone ages 2 and above), soap, hand sanitizer, disinfecting wipes to disinfect surfaces
- [Prescription medications](#)
- Non-prescription medications such as pain relievers, anti-diarrhea medication, antacids or laxatives
- Prescription eyeglasses and contact lens solution
- Infant formula, bottles, diapers, wipes and diaper rash cream
- Pet food and extra water for your pet
- Cash or traveler's checks
- Important family documents such as copies of insurance policies, identification and bank account records
- saved electronically or in a waterproof, portable container
- Sleeping bag or warm blanket for each person
- Complete change of clothing appropriate for your climate and sturdy shoes
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, paper towels and plastic utensils
- Paper and pencil
- Books, games, puzzles or other activities for children





2c

8b



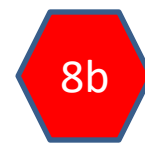
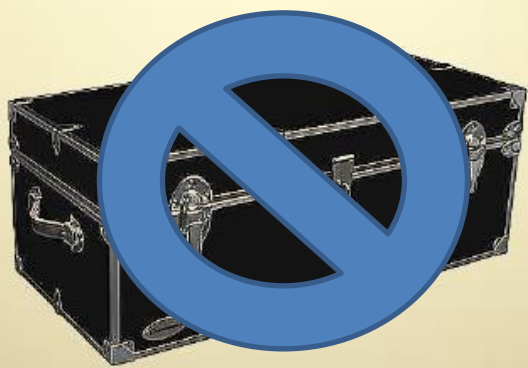


Emergency Kit Containers





Emergency Kit Containers





Kit Storage Locations

- **Home:** Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.
- **Work:** Be prepared to shelter at work for at least 24 hours. Your work kit should include food, water and other necessities like medicines, as well as comfortable walking shoes, stored in a “grab and go” case.
- **Car:** In case you are stranded, keep a kit of emergency supplies [in your car](#).





Requirement 2c

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